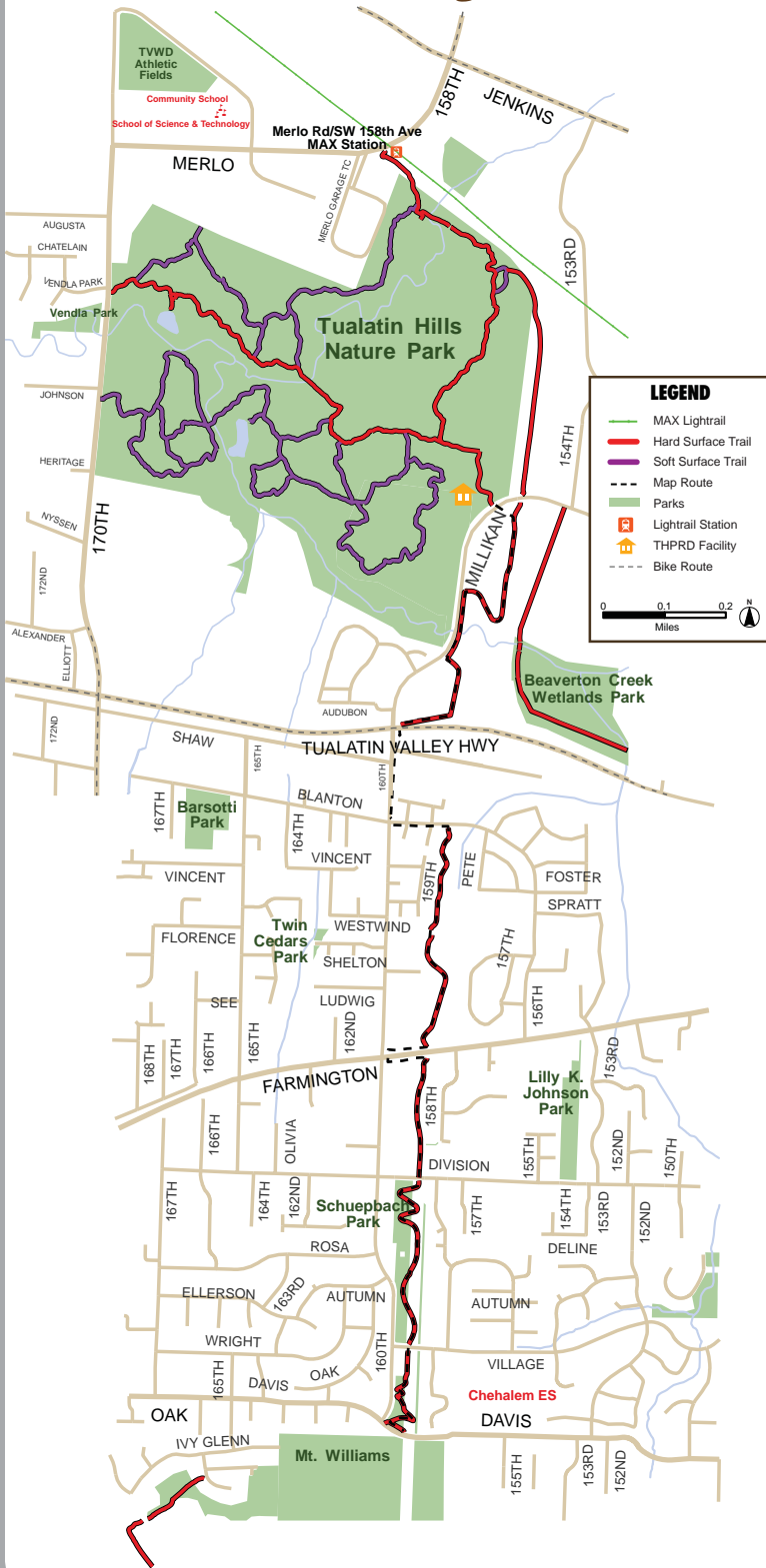


# Tualatin Hills Park & Recreation District Trails

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## Tualatin Hills Nature Park & Westside Regional Trail



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In the heart of the Park District lies the Tualatin Hills Nature Park and the Westside Regional Trail. At the Nature Park, explore the Interpretive Center before hitting the trails. There are approximately 8 miles of trails that connect to other parks and neighborhoods around the Beaverton area. After a day of hiking the Westside Trail and enjoying the biologically diverse habitats of the Nature Park, you can catch an eastbound Tri-Met Westside Light Rail train (MAX) to downtown Beaverton for some shopping and a variety of restaurants.

### Starting Point

Park at the Tualatin Hills Nature Park at 15655 SW Millikan Way or take MAX to the Merlo Road/158th Station. From the station, turn left, cross the tracks and turn left onto the asphalt path. This is the Oak Trail, which will lead you into the park and to the Interpretive Center (about ¼ mile away).

### Nature Park, Westside Trail & Back

The Nature Park offers approximately 5 miles of loop trails through forests, meadows, and wetlands. Extend your trip on the Westside Trail by turning left on the sidewalk in front of the Nature Park parking lot entrance, then cross SW Millikan Way to get to the trail. When the trail reaches Tualatin Valley Hwy., cross at the crosswalk and head south on SW 160th Avenue for two blocks, then take a left on SW Blanton Street. The trail resumes on the right hand side of Blanton. When crossing SW Farmington Road, head towards SW 160th on the left and cross at the crosswalk.

**Distance: Up to 8 miles**

