

Lamberson Spur Trail #644



Recreation Opportunity Guide

Distance..... 1.7 miles (one way)
Elevation..... 3800-5120 feet
Snow Free July to October



Trail Highlights: This trail enters the Mount Hood Wilderness Area on the east side of Mount Hood. The end of the trail offers an excellent view of Mount Hood.

Trail Description: This trail begins at Elk Meadows Trail #645 (3,800') and ends on the east ridge of Lamberson Butte (5,120). To get to the trail from Polallie Trailhead (OR Hwy 35), follow East Fork Trail #650 0.1 mile southwest to Elk Meadows Trail #645. Turn right (northwest) on Elk Meadows Trail #645 and travel 2 miles the beginning of Lamberson Spur Trail #644. Turn right onto #644 and climb 0.1 mile to an abandoned road (Forest Road 3510-620). Cross the road and continue uphill on the moderate grade 1.7 miles to the end of the trail on the east ridge of Lamberson Butte (5,120).

Regulations & Leave No Trace Information:

- Wilderness permit required May 15 – Oct. 15
- Group size is limited to 12. Stock are counted in the group size. For example, 3 people riding their own horse plus a spare horse in the group for packing would make a group of 7.

Leave No Trace

- Plan Ahead and Prepare: Prepare for extreme weather, hazards and emergencies.
- Travel and Camp on Durable Surfaces: Use established trails and campsites.
- Dispose of Waste Properly: Pack out all trash, leftover food and litter.
- Leave What You Find: Avoid introducing or transporting non-native species.
- Minimize Campfire Impacts: Use established fire rings & keep fires small.
- Respect Wildlife: Control pets at all times.
- Be Considerate of Other Visitors: Avoid loud voices and noises.
-

For information on **Leave No Trace**, go to www.LNT.org or call 1-800-332-4100

For current trail conditions and more recreation information go to:

<http://www.fs.usda.gov/mthood>

Map and driving directions on next page

Mt. Hood National Forest
16400 Champion Way
Sandy, OR 97055
503-668-1700

Hood River Ranger District
6780 Hwy 35
Parkdale, Oregon 97041
541-352-6002

The USDA is an equal opportunity provider and employer.

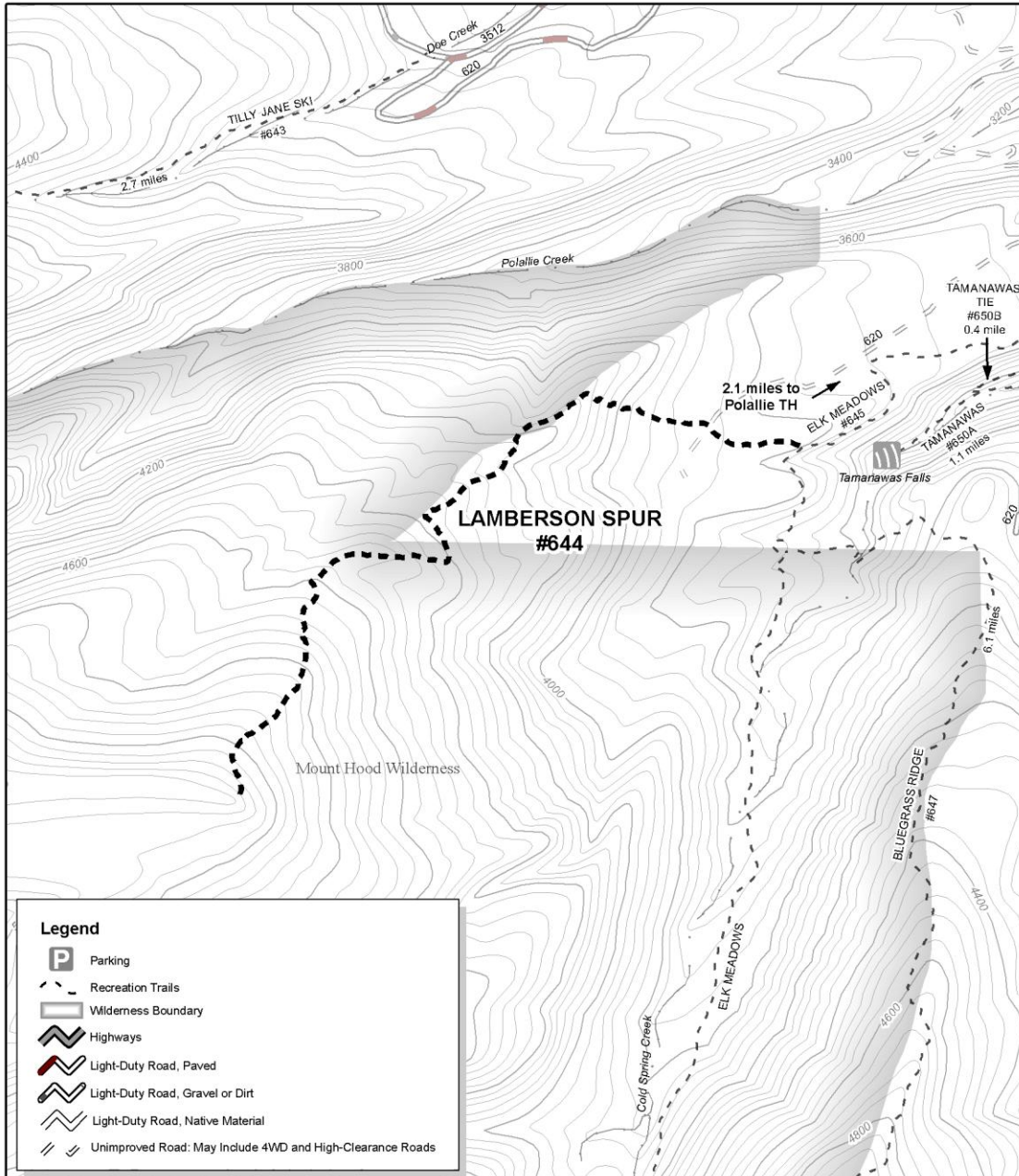
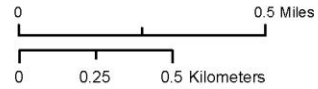


Directions to Trailhead: From Portland, travel 31 miles east of Sandy on US Hwy 26 to the Oregon Hwy 35. Turn north onto Oregon Hwy 35 and travel 16.5 miles north on Oregon Hwy 35 to Polallie Trailhead, approximately 0.7 miles north of milepost 73, and turn right into the pullout just south of Cooper Spur Road. East Fork Trail #650 leaves from the pullout, west of the restroom. Follow this trail 0.1 mile to its junction with Elk Meadows Trail #645. Turn right on East Fork Trail #650 and follow it 2 miles to the beginning of this trail.

From Hood River, travel 22.2 miles south on Oregon Hwy 35 to Polallie Trailhead, approximately 0.3 miles south of milepost 74, and turn right into the pullout just south of Cooper Spur Road. Follow the directions above from the parking area to the trail.

644 Lamberson Spur
1.7 miles

2.7 km



Recommended maps: Hood River Ranger District

