

Sahalie Falls Trail #667C



Recreation Opportunity Guide

Distance..... 2.1 miles (one way)
Elevation..... 4500-5100 feet
Snow Free July to October



Trail Highlights: This trail is on the southeast side of Mount Hood. This trail passes Sahalie Falls. The trail passes through meadows, open woods and fir and hemlock forests.

Trail Description: This trail starts at its west junction with Umbrella Falls Trail #667, heads southeast to Sahalie Falls on the East Fork Hood River, then turns northeast and ends at its west junction with Umbrella Falls Trail #667. Access this trail from Mount Hood Meadows Road (5,200') on the east side of the road, approximately 0.25 mile south of the Mount Hood Meadows Lodge parking area. Follow the trail north 0.25 mile to Umbrella Falls (5,250'). Continue past the falls 0.25 mile to the first junction with Sahalie Falls Trail #667C (5,200'). Turn right (southeast) on Sahalie Falls Trail #667C. The trail crosses Meadows Creek, over wooden bridges, three different times in the first mile. After the third crossing, continue southeast along the canyon rim down to the viewpoint for Sahalie Falls (4,650'). Be careful around the falls – the area is very exposed at times. From Sahalie Falls, continue downhill east- northeast to Forest Road 3545. Continue 0.1 across Forest Road 3545 and Meadows Creek to another trailhead for this trail (4,460'). The trail climbs slightly 0.4 mile to its east junction with Umbrella Falls Trail #667 and the end of the trail. Hikers can return on this trail or take Umbrella Falls Trail #667 1.9 miles back to the Umbrella Falls Trail #667 trailhead at Mount Hood Meadows Road.

Regulations & Leave No Trace Information:

Leave No Trace

- Plan Ahead and Prepare: Prepare for extreme weather, hazards and emergencies.
- Travel and Camp on Durable Surfaces: Use established trails and campsites.
- Dispose of Waste Properly: Pack out all trash, leftover food and litter.
- Leave What You Find: Avoid introducing or transporting non-native species.
- Minimize Campfire Impacts: Use established fire rings & keep fires small.
- Respect Wildlife: Control pets at all times.
- Be Considerate of Other Visitors: Avoid loud voices and noises.

For information on **Leave No Trace**, go to www.LNT.org or call 1-800-332-4100

For current trail conditions and more recreation information go to:

<http://www.fs.usda.gov/mthood>

Map and driving directions on next page

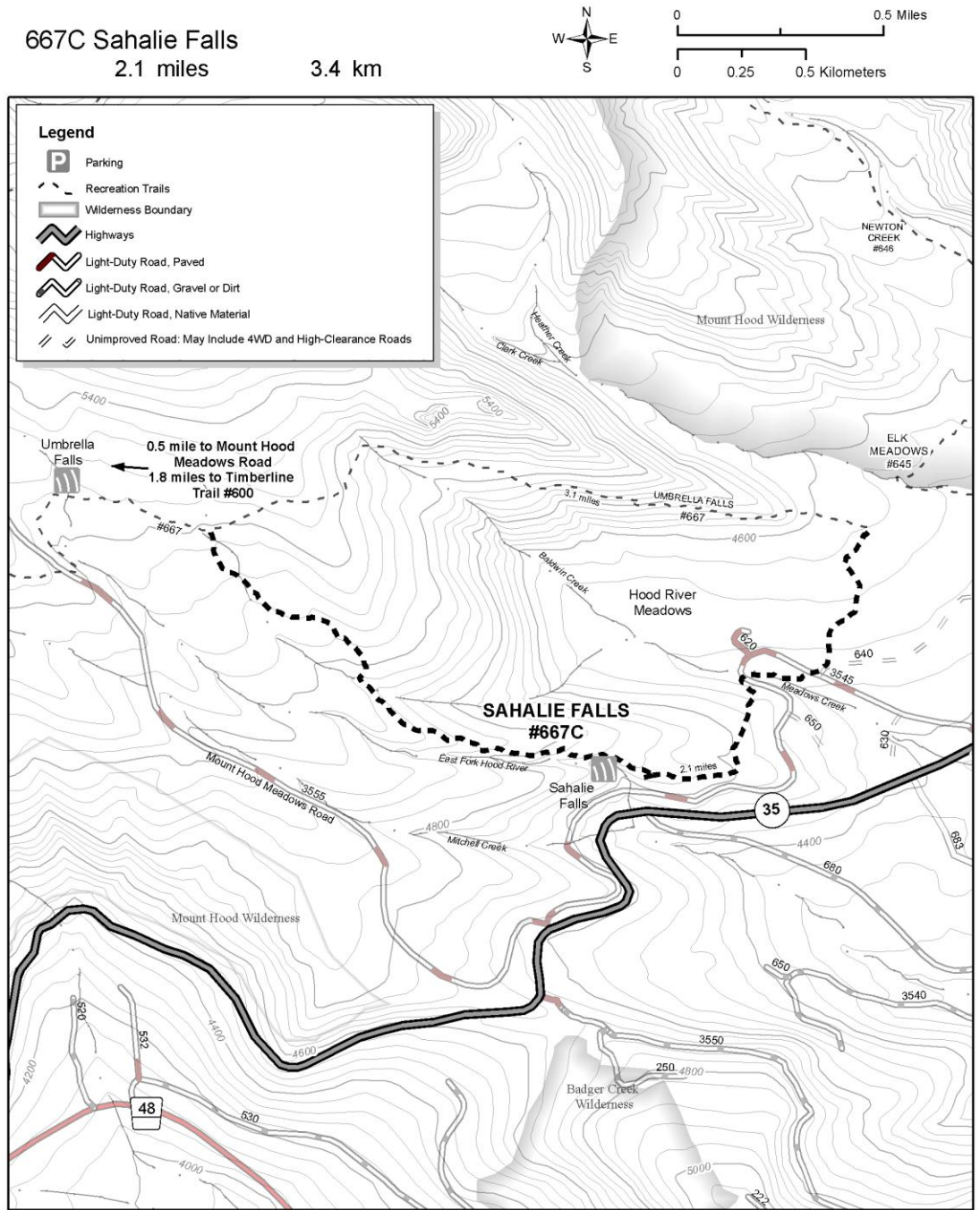
Mt. Hood National Forest
16400 Champion Way
Sandy, OR 97055
503-668-1700

Hood River Ranger District
6780 Hwy 35
Parkdale, Oregon 97041
541-352-6002

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Directions to Trailhead: This trail is best reached from Umbrella Falls Trail #667 starting at Mount Hood Meadows Road (Forest Road 3550). To reach the trail from Mount Hood Meadows Road from Portland, travel approximately 31 miles east of Sandy on US Hwy 26 to the intersection with Oregon Hwy 35. Turn north onto Oregon Hwy 35 and travel 6.4 miles to Mount Hood Meadows Road (Bennett Pass Road/Forest Road 3555). Turn right onto Mount Hood Meadows Road, approximately 0.5 mile southwest of milepost 64, and follow it north 1.5 miles toward Mount Hood Meadows Lodge. The poorly marked trailhead is on the east side of the road approximately 0.25 mile south of the Mount Hood Meadows Lodge parking area. Follow Umbrella Falls Trail #667 east for 0.5 mile to the junction with this trail.



Recommended maps: Hood River Ranger District

