

Cast Lake Trail #796

Recreation Opportunity Guide



Distance..... 0.5 miles (one way)
Elevation..... 4400-4500 feet
Snow Free June to November



Trail Highlights: This trail lies within the Mount Hood Wilderness Area. Spectacular wildflower displays can be found in this area. There are several excellent views of Mount Hood from the high points along the lakeshore. There are also several campsites located on the bluffs overlooking the north and east side of the lake.

Trail Description: This trail can be accessed from a number of trails. The shortest route is from the south end of Burnt Lake Trail #772, leaving from the trailhead at Forest Road 2627-207. Hike 2.4 miles northeast on Burnt Lake Trail #772 to its junction with Devil's Tie Trail #767. Go left on Devil's Tie Trail #767 for 0.3 mile to Zigzag Mountain Trail #775. Go north on Zigzag Mountain Trail #775 for 0.2 mile to its junction with Cast Lake Trail #796. The trail climbs 0.2 mile before dropping 0.3 mile to Cast Lake. The trail splits near the lake. The trail to the right leads to the north end of the lake with camping areas. The trail to the left leads to the south end of the lake.

Regulations & Leave No Trace Information:

- Wilderness Permits are required between May 15 and Oct 15.
- Group size is limited to 12. Stock are counted in the group size. For example, 3 people riding their own horse plus a spare horse in the group for packing would make a group of 7.

Leave No Trace

- Plan Ahead and Prepare: Prepare for extreme weather, hazards and emergencies.
- Travel and Camp on Durable Surfaces: Use established trails and campsites.
- Dispose of Waste Properly: Pack out all trash, leftover food and litter.
- Leave What You Find: Avoid introducing or transporting non-native species.
- Minimize Campfire Impacts: Use established fire rings & keep fires small.
- Respect Wildlife: Control pets at all times.
- Be Considerate of Other Visitors: Avoid loud voices and noises.

For information on **Leave No Trace**, go to www.LNT.org or call 1-800-332-4100

For current trail conditions and more recreation information go to:

<http://www.fs.usda.gov/mthood>

Map and driving directions on next page

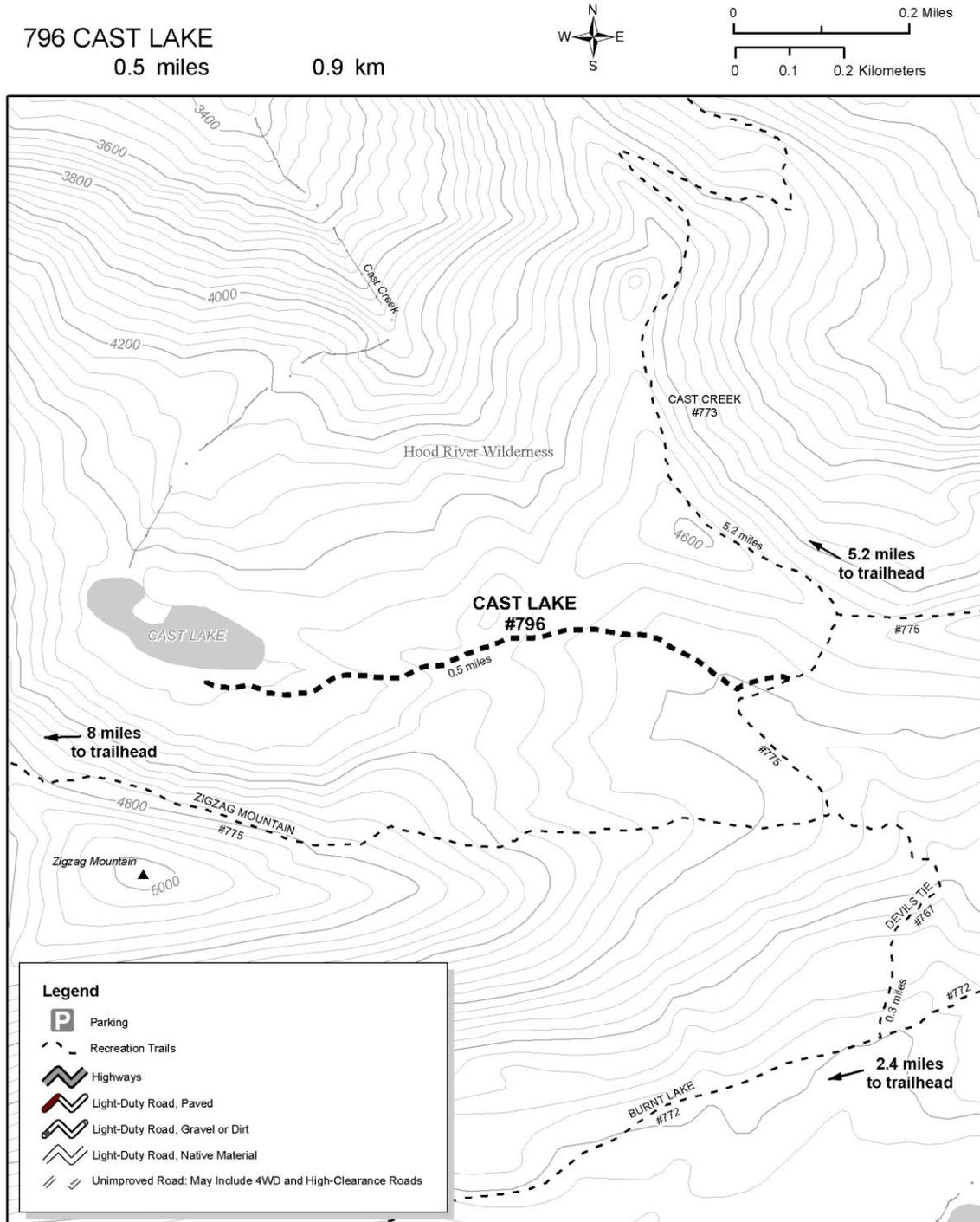
Mt. Hood National Forest
16400 Champion Way
Sandy, OR 97055
503-668-1700

Zigzag Ranger District
70220 E. Highway 26
Zigzag, Oregon 97049
503-622-3191

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Directions to Trailhead: This trail is on the southwest slope of Mt. Hood. It can be accessed from a variety of trails including: from the north via Burnt Lake Trail #772 (5.2 miles) or Cast Creek Trail #773 (5.2 miles); from the west via Horseshoe Trail #774 (5.6 miles) or Zigzag Mountain Trail #775 (8.0 miles); or from the south via Burnt Lake Trail #772 and Devil's Tie Trail #767 (2.7 miles).



Recommended maps: Zigzag Ranger District

