

# Flag Mountain Trail #766



## Recreation Opportunity Guide

Distance..... 1.9 miles (one way)  
Elevation..... 1600-2500 feet  
Snow Free ..... May to November



Bikes



Hikers

**Trail Highlights:** Flag Mountain Trail offers a few excellent views of Mt. Hood. Dogwood and rhododendron bloom abundantly here in June. This lower elevation trail is free of snow much of the year.

**Trail Description:** From its northwestern end, this trail climbs steeply for almost ½ mile until it reaches the ridge. This section may be too steep for most bikers. Once on the ridge, the trail has a gentler grade, but still gains and loses elevation. For bikers, the trail is a narrower single track trail, and can be challenging on the ridge.

## Regulations & Leave No Trace Information:

### Leave No Trace

- Plan Ahead and Prepare: Prepare for extreme weather, hazards and emergencies.
- Travel and Camp on Durable Surfaces: Use established trails and campsites.
- Dispose of Waste Properly: Pack out all trash, leftover food and litter.
- Leave What You Find: Avoid introducing or transporting non-native species.
- Minimize Campfire Impacts: Use established fire rings & keep fires small.
- Respect Wildlife: Control pets at all times.
- Be Considerate of Other Visitors: Avoid loud voices and noises.

For information on **Leave No Trace**, go to [www.LNT.org](http://www.LNT.org) or call 1-800-332-4100

**For current trail conditions and more recreation information go to:**

<http://www.fs.usda.gov/mthood>

Map and driving directions on next page

Mt. Hood National Forest  
16400 Champion Way  
Sandy, OR 97055  
503-668-1700

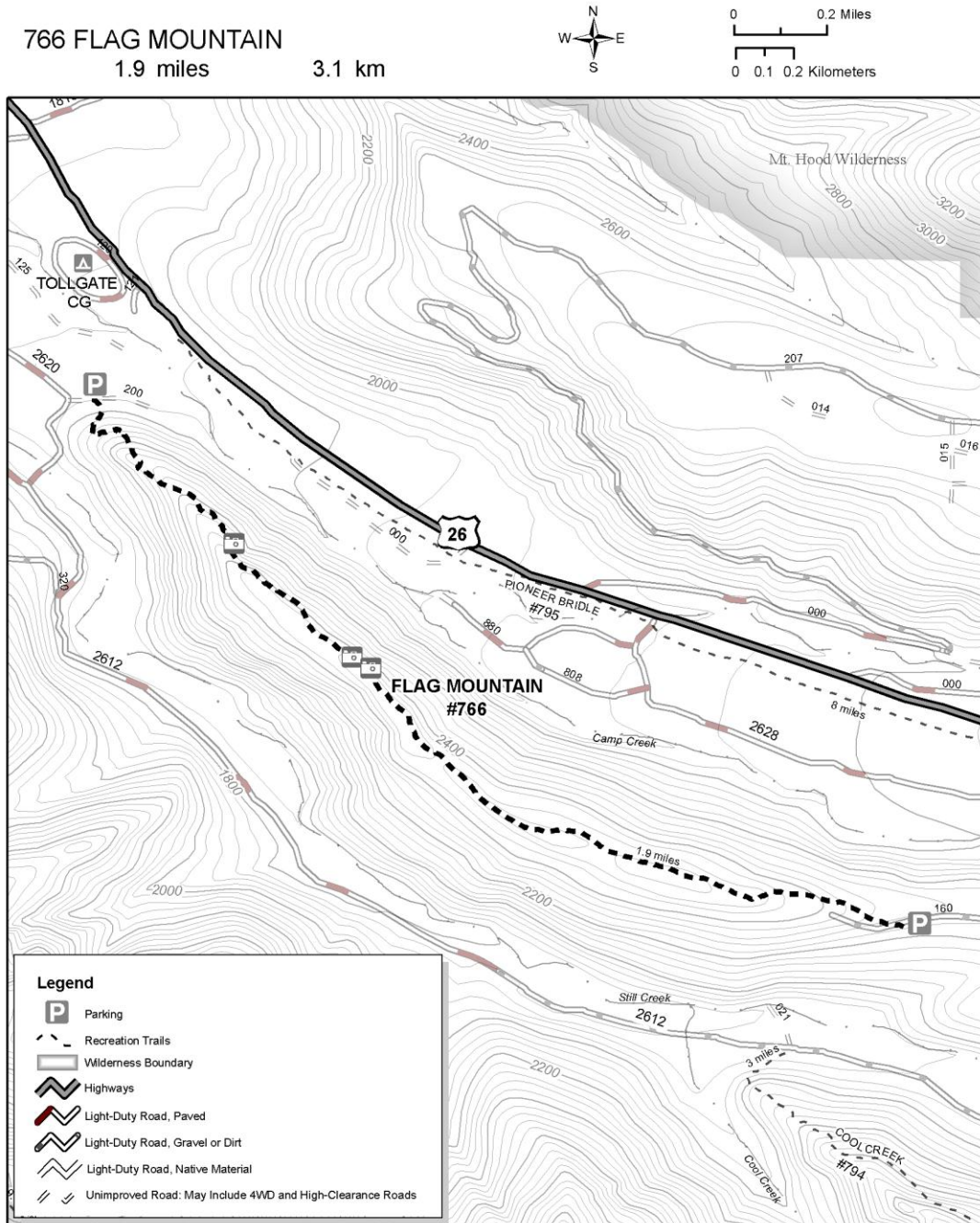
Zigzag Ranger District  
70220 E. Highway 26  
Zigzag, Oregon 97049  
503-622-3191

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**Directions to Trailhead:** To access the WEST end of the trail from Portland, follow U.S. Hwy 26 19.5 miles east of Sandy. Turn right on Forest Road 20 (0.4 mile east of milepost 44) and follow it to where it veers right/left and go left. Travel approximately 0.6 mile to Forest Road 20E, and turn left. Travel another 150 feet and park in the trailhead parking lot on your left. Cross the road to get to the trailhead.

To access the EAST end of the trail from Portland, follow U.S. Hwy 26 22.4 miles east of Sandy to Forest Road 2632 (0.2 mile east of milepost 47). Turn right (south) and travel 0.7 mile and bear right onto Forest Road 2632-160. Follow Forest Road 2632-160 for 0.6 mile to a small, gravel parking area. The trailhead is on the right (north) side of the road.



**Recommended maps:** Zigzag Ranger District

